

B. Confessing for Conscience Sake - Acts 24:16

1. What is the conscience? Understanding this component in view of John 8:3-11
2. There are at least five states of conscience [*good, pure, weak, defiled, seared*]
3. The conscience exists so that man can convict himself and choose right (*Pro 28:17*)
4. Explore the interaction between the conscience and the Holy Spirit (*Ro 9:1; Ps 90:8*)

C. Confession Heals the Feeling of Guilt - Psalms 34:18; John 3:17; Ps 103:8-12.

1. Spiritual healing begins with **guilt and shame** (*loss of respect*) two painful feelings
2. Guilt is an instrument to correct, convict, and conform behavior for the good (*Ro 8:1*) [*God allows the consequences of sin as an encouragement to change - Php 2:13*]
3. Use **Psalms 32** to outline the concealing of sin will cause undo stress (*Ps 32:3, 5*) [*Discussion the faithfulness of God to forgive sin and free man from guilt and shame*]
4. A guilty conscience is an obstacle to a relationship with God [**Discuss Judas' end**]
5. Godly sorrow and worldly sorrow, the effect on the way man respond to guilt.

D. Confessing Glorify God - Joshua 7:19

1. Public and private acknowledgment (*Mt 10:32, Lk 12:8; Joshua 7:19*)
2. Explain the meaning of a **broken heart** (humility) and a **contrite spirit (sorrow)** [*Outline the effects of sin when man cover over them in secrecy, use Achan's sin*]
3. Explain how confession should not be used to implicate others to deflect their guilt
4. Use David's example of how contrition is demonstrated (*Psalms 51*)
5. Discuss confession and contemporary issues such as using technology (*Mt 18:15*) **The prodigal son thought it necessary to go to the father** (*Lk 15:18, 21*)

"Confessing Faults Heal" **(Making Things Right)**

Proverbs 28:13 - *"He that covereth his sins shall not prosper: but whoso confesseth and forsaketh them shall have mercy."*

Introduction: Confession is good for the soul, but it is not merely therapeutic, it is God's prerequisite for forgiveness. The satisfying of sin rest solely with the Father, he is the only one capable of forgiving trespasses (*Isaiah 43:25*). God knows every deed done by man and like a caring parent want His children to trust Him by acknowledging their faults (*Jos 7:19*).

Christians have an enemy known as "the accuser of our brethren" who perverts and uses gifts of God to condemn man (*Revelation 12:10*). This enemy relentlessly reminds us of our failures, faults, and sins. This lesson is designed to help you cope with his attacks when you experience feelings of guilt and understand God's desire for your future.

Definitions:

- * Confess - declare, admit; Declare openly by way of speaking out freely, admitting accusation of guilt one is accused of (1 John 1:9) (exolomogeo) [Confess also mean to praise or give thanks]
 - * Fault - false step, lapse from uprightness
 - * Heal - correct or put right; become sound or healthy again
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A. Confession, A Self-Correction Tool - 1 John 1:5-10

1. Define "sin": 1 John 3:4 - **"For sin is the transgression of law"**
2. Define confession; Fellowship with God require purging of **"darkness"** (*corruption*)
3. Walking in **"light"** require **agreeing together** that sin is corrupt (*Amos 3:3*)
4. There is power in the blood, confession initiates the **cleansing process** (*1 Jn 1:7-9*) [*Confession is therapeutic step, part of God's healing process (James 5:16)*]
5. Confession serve as a bridge over man's faults to God's forgiveness (*Matthew 18:15*)